

*Jamaica Medical Mission
February 21-February 28, 2026*



*St. James Episcopal Church
Leesburg, Florida.
to
St. Mary's Parish Church
Port Maria, Jamaica.*

2026 MISSION VOLUNTEERS – 45

ADULT MEDICINE - 4

Petra Constable, M.D.
Kristine Signorini, P.A.C.
Leroy Panoo, Assisting Med. Tech.
Inez Small, Staff Support

PEDIATRICS – 5

Al Kunkle, M.D.
Cathy Hooper, R.N.
Phyllis Kelly, R.N.
Melanie Ashby, Support Staff
Benjamin Trees, Support Staff

WOMEN’S HEALTH - 7

Christal West, M.D.
Danielle Forbear, P.A-C.
Marcia Robinson, R.N.
Chris Meade, Med. Tech.
Claire Meade, Support Staff
Tai Shonkwiler, Support Staff
Rev. Marnie Wright, Spiritual
Support

DENTISTRY – 10

John Howard, D.D.S.
Samantha Rose, D.D.S.
Minn Huynh, D.D.S.
Robin Williams, Dental Assistant
Mary Maskell, Dental Hygienist
Christine Livesay, Dental Hygienist
Wayne Phelps, Support Staff
Tony Cobb, Support Staff
Elizah Trees, Support Staff
Alexander Diron, Support Staff

EYE CARE – 6

Noel Henry, Optometrist
Benjamin Meade, Optometrist
Melicia Puskas, Opt. Assistant
Geoff Hunt, Eye Care Coordinator
Richard Singeltary, Support Staff
Rev. Marnie Wright, Spiritual
Support

PHARMACY – 6

Tania Barnett, D.Pharm.
Zakiya Chambers, Pharmacist
Camille Sealy, Dispenser
Junie Robinson, Dispenser
Winston Ward, Support Staff
Geri Seward, Support Staff

OTHER – 4

Joseph & Elaine Ramcharan,
Transportation
Rhonda Gordon, St. Mary’s Outreach
Stuart Mowatt, Med. Mission
Coordinator

JAMAICA MEDICAL MISSION REPORT

February 21- February 28, 2026

Coordinator's Report

Submitted by: Stuart Mowatt

The 2026 Medical Mission was successful, even though we had many obstacles to overcome.

Unfortunately, due to hurricane Melissa that hit the island last November, there was a backlog of warehouse deliveries. Therefore, due to this horrendous back-up, we were unable to clear our shipment of medication and medical supplies through Jamaica Customs until the last day of the Mission work. This shipment was a total of 59 boxes weighing 1,630 lbs.

Fortunately, Joseph & Elaine Ramcharan who live in Galina, a short distance from the church, offered to store the shipment at their home until the next mission. This is a Blessing as the church could not appropriately accommodate storage for such a large shipment.

We could not have had a successful mission without the help of Dr. Sadeeta Lecky, owner of Drugwise Pharmacy in Port Maria. Each day the Pharmacy was able to make emergency orders that enabled us to keep the Mission Pharmacy going and filling prescriptions for our patients.

The Mission Teams were exceptional working under these conditions. There were no complaints nor unpleasanties. A total of 42 volunteers travelled to Jamaica on the Mission this year. At the last moment 3 volunteers had to cancel and could not be replaced within the allotted time necessary to complete the necessary paperwork.

The Mission Clinic was open and ready to see patients at 9:00 a.m. on Monday, February 23. During the next 4 active clinic days, a total of **1,539** patients were seen and treated. The pharmacy team provided care to 273 patients and filled 485 prescriptions.

On Sunday, February 22, (when everyone had arrived for the Mission) we attended service at St. Mary's Parish Church. The celebrant was Rev. Desland McKenzie, a new supply priest from Kingston (the Capitol of Jamaica). The Medical Mission Team was welcomed for their upcoming week of service. A member of the Mission Team, Winston Ward, gave a heart rending solo

during the service. After the church service, work began on converting both the church and the parish hall into the mission clinic and unpacking the medication and supplies that were left-over from the previous year.

The new members to our team were: Dr. Christal West, Zakiya Chambers, Claire Meade, Tai Shonkwiler, Alexander Diron, Cathy Hooper, and Richard Singeltary.

It was wonderful to observe how well everyone worked so well together. The youthful volunteers provided new energy, enthusiasm and joyfulness through the tiring workdays.

Prayerfully we say a Special Thank You !!!

As we look back and evaluate the success of 2026 St. James Medical Mission and all the previous Missions and realize how many lives we have touched and in turn how many have touched our lives, it is a testament to what we can accomplish and what happens when we unite under the shared purpose of Matthew 25:35-36. Because of all the prayers, financial support, encouragement and help, we didn't just travel to Jamaica to help the needy, we carried the well wishes of St. James with us.

- St. Mary's Outreach Committee, Chaired by Rhonda Gordon and other church volunteers were fantastic with their helpfulness, preparedness, and support: Grafia Marshall, Pamiel Scott, Vanessa Williams, Madge White, Lorna Anderson, Zelda Williams, Angela Williams, Godfrey Blake.
Other church volunteers setting up of the individual clinics – erecting partitions and privacy screening, arranging stored equipment and exam tables, and various miscellaneous duties – Donovan Marshall.
Michael Roberts for doing errands. Marcia Brown for cleaning stored tables and equipment and providing janitorial services.
- Both here at St. James and at St. Mary's in Jamaica, there are so many who give so much of their time, talent, financial support, and energy to make this Mission possible.
- Because of the great demand for dental services Dr. John Howard, and the Dental Team, are planning to have a Dental Clinic sometime during the summer. I will make the necessary arrangements when a date is set.
- For the daily lunches, refreshments, clean up, restroom attending, etc. co-ordinated by Angelia Williams and her team, The Mothers Union, The Women's Auxiliary.

- Those who were assigned to registering patients for the various clinics.
- All who traveled to Jamaica, and those who stayed home; those who worked diligently all year in various aspects of the mission.
- Rev. Marnie Wright who conducted the morning devotions and got us in the right frame of mind for the day ahead (devotions were at 7:00 am each morning).
- The volunteers who did a terrific job on their computers in the pharmacy.
- Joseph and Elaine Ramcharan who provided safe and dependable transportation, in addition helping us with a variety of duties.
- Sadeeta Lecky, PharmD, owner of Drug Wise Pharmacy, who made it possible for us to have a successful mission, but also helped in the clinic pharmacy when she could.
- Tamara Henry, MD, Chief Medical Officer for the Parish of St. Mary, for her acceptance of the mission clinic in her jurisdiction; Phyllis Hall, Janice Walker and the staff at The Ministry of Health for their timely processing and licensing necessary for the clinic to operate.
- Marcia Palmer-Mullings, the Custom Broker, who processed our supplies through the Jamaica Department of Customs.
- Mrs. Kathleen Trees, for planning and supervising our primary fundraising *The Taste of St. James*.
- Last, but certainly not least is Sharon and Mackie McCabe whose efforts cannot be measured in all that they do for the mission to be possible.

As an off-shoot of the Medical Mission, the Albion Mountain School Project continues to be successful.

NEXT MISSION
SATURDAY, FEBRUARY 13 to SATURDAY, FEBRUARY 21, 2027

The Ministry of Health regulations require volunteer documents to be submitted by November 20th, 2026. These include : Applications for Temporary Medical License, Applications for Support Volunteers, and an inventory of all items to be used at the Mission clinic in Jamaica.

We will continue to do our best at fundraising for the mission, but it has become necessary to increase the cost of individual volunteers to \$1,000.

Internal Medicine Report

Submitted by: Kristine Signorini, APRN-C

This year's internal medicine team was pleased, once again, to have had the opportunity to evaluate and care for the members of St. Mary's Parish Church, Port Maria residents, and their surrounding communities. Though we were working with limited medical professionals, staff, and supplies, we were still able to provide care to the community. This was in part thanks to our wonderful leaders in collaboration with our pharmacy and local medical professionals. Our team this year consisted of Petra Constable MD, Kristine Signorini APRN-C, Leroy Panoo, and Inez Small.

Over the course of 4 days, each patient received both blood pressure and glucose screenings prior to being seen by one of our providers. In total 142 were served by our team with an additional 79 patients seen with the help of our friends on the pediatric team. Collaboratively, 221 patients were evaluated in total. The most common concerns observed remained hypertension, hyperglycemia, diabetes mellitus, allergies, acid reflux, and musculoskeletal issues to include back, hip, and knee pain. General adult wellness exams were also conducted, providing additional opportunities for health and wellness education. Episodes of hypertensive urgency and significant hyperglycemia were prevalent. These findings were addressed and patient education provided (both verbal and written) emphasizing the importance of medication adherence, glucose control, and regular exercise. Patients were also instructed to have close follow up with their local medical team to continue management of these immediate concerns, in addition to maintaining routine follow up with local medical providers for management of their chronic diseases overall.

In planning for future trips, availability of a POC HbA1c machine, albuterol inhalers, BPH medications, multivitamins, and sunscreens/moisturizing creams would be welcomed, in addition to continued availability of antihistamines and otc analgesics as they are largely utilized during our encounters and greatly appreciated by patients seen.

We would love to add to our wonderful team next year and would welcome any current medical professionals, premedical, NP, PA, or nursing students to apply.

We are thankful to have had this opportunity to serve and are grateful for the trust placed in us while doing so by community members. We look forward to the time when we can, once again, return for the next St. James Medical Mission.

Optometry Report

Submitted by: Geoff Hunt

Noel Henry, O.D. Florida

Benjamin Meade, O.D. North Carolina

Melissa Puskas, Florida

Geoff Hunt, Florida

Rev. Marnie Wright, Florida

George Singletary, Florida

The following is a summary of the eye care services made available by the Jamaica Medical Mission Eye Care Clinic at St. Mary's Parish Church in Port Maria, Jamaica from February 21, 2025 to February 28, 2025.

These services were provided by a team of six volunteers, including Dr. Noel Henry, Dr. Benjamin Meade, Geoff Hunt, Melicia Puskas, Rev. Marnie ??, and George Singletary(?), with additional assistance from members of St. Mary Parish Church.

Eye care was provided for a total of 274 patients. Of the total, 36 patients were diagnosed with and treated for glaucoma, and received the appropriate glaucoma eye drop medications. A total of 257 bottles of various glaucoma medications (each good for a month of treatment) were dispensed to these patients.

This year, since the medicines that we had shipped to the island were not available due to problems at the port, the necessary medications were purchased in Jamaica and paid for by the mission. Dr. Henry also donated his personal supply of these medications so we could serve patients who needed them on the first day.

We were able to provide 92 patients with reading glasses. Patients were offered sunglasses, artificial tears or other eye drops as appropriate and were educated with regard to their eye condition. In addition, prescriptions from examinations were shared with approximately 15 patients so they could purchase custom prescription glasses online.

We were very pleased to be able to support the community with our services and appreciate the support provided by St. Mary Parish Church.

Dental Team Report

Submitted by: Christine Livesay

The dental team provided care to more than 278 patients, including over 80 children from Albion Mountain Primary School who received exams and fluoride treatments. Despite the setback of not having key supplies and additional donated equipment, the mission remained a success. The team completed 74 cleanings for adults and children/teens, performed 302 tooth extractions, and provided 93 individuals with preventative treatments such as fillings, medicated fillings, and crowns to improve oral health, enhance appearance, and help prevent future dental issues. This initiative not only delivers essential medical and dental services but also fosters positive interactions and strengthens relationships between volunteers and the communities around Port Maria.

Pediatric Report

Submitted by: Phyllis Kelly

This year 2026, the Pediatric team continues to be blessed with amazing skilled professionals and support personnel, the likes of Al Kunkle MD, Phyllis Kelly RN, Kathy Hooper RN, Melanie Ashby and BenTrees. Our sincere gratitude to the members of the St James Church and St Mary Parish Church who gave of their time and skills to make this mission a success. A very special thanks to our leader Mr Stuart Mowatt and his wife Herma, for their vision, guidance, dedication and strength over 40 years of service. This mission would not be here today without them.

Peds team saw a total of 186 patients with 72 of those being adults.

We diagnosed seasonal allergic symptoms, respiratory infections, skin conditions such as eczema, dry scalp, fungal infections and ear infections. Our team performed many well child

checks and focused counseling around proper nutrition, adequate hydration, safety in the home and teen education focusing on making better health and safety choice related to diet, sleep and exercise.

In the adult population we were facing challenges like hypertension, diabetes and its multiple associated organ failure, poor wound healing and visual changes. Muscle and joint pain associated with arthritis was another very common condition we faced.

We're extremely grateful for the donations that we were able to offer to the families including toys, clothes, and other accessories, but we especially enjoyed handing out books since we continue to encourage reading from an early age. We like to promote preventive medicine as well, and offering each child of age multi vitamins plays a huge role and this was well received by the families.

We are grateful for this opportunity to serve this population and our hearts are encouraged as they express their joy and gratitude for our services. We look forward to another year and ask for God's continued blessing as we make preparations.

Women's Health Report

Submitted by: Danielle Forbear

This year's women's health team was grateful to continue to provide holistic and compassionate care to 95 women from Port Maria and the surrounding communities. Our dedicated gynecological team of outstanding professionals from across the United States and Canada included providers Christal West, MD, Danielle Forbear, PA-C; nurse Marcia Robinson; and support personnel Chris Meade, Claire Meade and Tai Shonkwiler. Together, we were honored to serve alongside the kind and generous members of St. Mary's, who assisted us in addressing a wide range of gynecological and non-gynecological conditions for the women of Jamaica.

During the mission, while supplies this year did not permit the provision of pap smears, we took every opportunity to counsel patients on the importance of cervical cancer screenings and encouraged follow-up care through local health resources when available. We also provided treatment for a variety of gynecological and non-gynecological conditions, including vaginal infections, uterine fibroids, abnormal bleeding, contraception planning, discussions around peri-and post-menopause symptoms, hypertension, and more.

Our team continued to focus on holistic care, ensuring not only the physical health of our patients but also addressing their mental and emotional well-being. We actively

asked about stress, anxiety, and other mental health concerns, providing support and connecting patients with necessary resources. In addition to medical assessments, we offered guidance on healthy lifestyle choices (diet, exercise, sleep, and mental health), STI prevention, contraception, and breast self-exams. We also distributed necessary medications, sanitary products, and other essential resources to promote overall health and hygiene.

Once again, we extend our deepest gratitude to the members of St. Mary's who supported our mission and work. We look forward to continuing our commitment to providing compassionate and comprehensive healthcare services, ensuring that all women we serve receive the care and support they deserve.

St. James Jamaica Medical Mission Report 2026

PHARMACY REPORT

Submitted by: Tania Barnett, PharmD

Tania Barnett, Pharmacist

Zakiya Chambers, Pharmacist

Junie Robinson

Camille Sealy

Geri Seward

Winston Ward

This year, the pharmacy team's service was an exceptional success. Our dedicated pharmacy team provided care to 273 patients and filled 485 prescriptions during this year's mission. While these numbers reflect a decrease from the prior year, this was largely due to delays in receiving critical shipped supplies, as the Kingston Wharves experienced significant congestion following Hurricane Melissa. These unforeseen logistical challenges impacted our available inventory; however, they did not diminish our commitment. Our team remained resourceful and steadfast, ensuring that each patient received thoughtful, high-quality care with the medications available.

In preparation for the mission, medical supplies and medications were shipped in advance; however, due to the ongoing congestion at the wharf, a significant portion of these supplies was not available for use during the mission week. Despite this limitation, the team was able to supplement inventory through medications and antibiotics purchased locally in Jamaica, which were available upon arrival and played an essential role in supporting patient care.

Located on the stage of the St. Mary Parish Church Hall, the pharmacy once again served as the center of activity. The pharmacy's primary function is to fill prescriptions as prescribed by physicians after patients are evaluated, and to provide thorough counseling on each medication. Every patient receives individualized education to ensure they understand how to properly take their medications, empowering them to take an active role in their care.

This process is facilitated using labeled zip-lock style bags preformatted with the patient's name, medication, strength, and dosage instructions. After evaluation, patients bring their labeled prescriptions to the pharmacy, where medications are dispensed and counseling is provided. Many patients receive multiple prescriptions from different specialties, and each is carefully reviewed and explained prior to dispensing.

In addition to dispensing medications, the pharmacy also serves as the central hub for supplies utilized across all clinical teams. Each provider team is supported with essential materials including registration forms, clipboards, personal protective equipment, blood pressure cuffs, and other clinical supplies. The pharmacy team works diligently to maintain organization, efficiency, and real-time awareness of inventory to support the needs of the entire mission.

At the conclusion of the mission, a comprehensive inventory is conducted. Medications that will expire prior to the next mission are donated to local hospitals in Port Maria and other medical mission teams, while viable inventory is securely stored in Jamaica for future use.

The success of the pharmacy operations was driven by a highly dedicated and collaborative team whose expertise, efficiency, and compassion ensured seamless patient care throughout the mission. **Tania Barnett, PharmD** and **Zakiya Chambers, PharmD** led pharmacy operations, overseeing clinical workflow, medication dispensing, and patient counseling while ensuring safe and effective pharmaceutical care. **Junie Robinson** and **Camille Sealy** played a critical role in dispensing operations, utilizing their efficiency and attention to detail to support the timely and accurate filling of the majority of prescriptions. **Geri Seward** and **Winston Ward** were instrumental in supporting data collection and operational coordination, including patient intake tracking, inventory management, and maintaining the drug formulary. Their efforts ensured that providers remained informed of medication availability in real time, enabling informed clinical decision-making. We extend special recognition to **Sadeeta Lecky, PharmD**, owner and pharmacist of DrugWise Pharmacy in Port Maria, who provided critical materials and assisted with sourcing necessary medications locally during a time of limited inventory.

The success of the pharmacy operations would not have been possible without the selfless commitment, compassion, and dedication of each team member, as well as the many volunteers from St. Mary Parish Church. We extend our

deepest gratitude to **Joseph and Elaine Ramcharan** of Galina, Jamaica, who once again provided invaluable support with transportation, logistics, and storage of medications and supplies. Their generosity continues to be a cornerstone of this mission.

It is a privilege to serve in the pharmacy, as it allows us the unique opportunity to connect with the majority of patients who come through the mission. The people of Port Maria are warm, welcoming, and deeply appreciative of the care provided. Their gratitude continues to inspire and strengthen our commitment to this work. We offer thanks and praise to God for the opportunity to serve collaboratively with a dedicated group of individuals united in a shared mission—to provide physical, emotional, and spiritual support to the community of St. Mary Parish Church and the surrounding areas of Port Maria.

2026 Pharmacy Summary – Monday, February 23 – Thursday, February 27

Number of Patients	Number of Prescriptions Filled
Monday - 55	83
Tuesday - 76	140
Wednesday - 82	156
Thursday - 60	106
Totals - 273	485

